

Anxious For Nothing Chapter 11 C A L M

What is the most meaningful lesson that God has taught you in studying Philippians 4:4-8

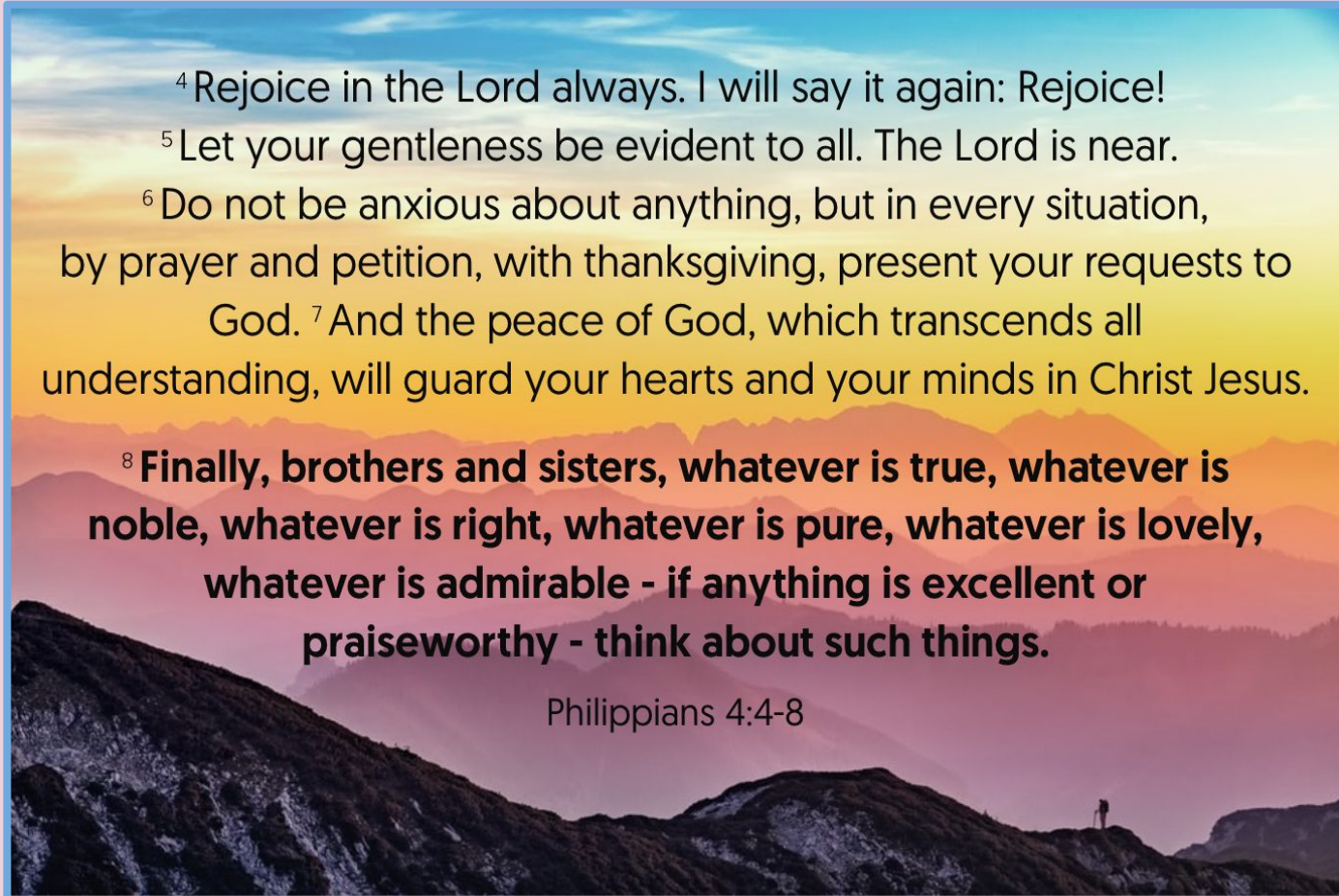
⁴Rejoice in the Lord always. I will say it again: Rejoice!

⁵Let your gentleness be evident to all. The Lord is near.

⁶Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

⁸Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable - if anything is excellent or praiseworthy - think about such things.

Philippians 4:4-8



Be careful, keep calm and don't be afraid



Be careful, keep calm
and don't be afraid.
If you do not stand
firm in your faith, you
will not stand at all.
Isaiah 7:4, 9

**What do you
have to
celebrate today?**

**What do you see
around you that
is worthy of
praise?**



*Rejoice in the Lord always:
and again I say, Rejoice.
Let your moderation be
known unto all men. The
Lord is at hand.*

Philippians 4:4-5 KJV



I lift up my eyes to the mountains—
where does my help come from?
² My help comes from the LORD,
the Maker of heaven and earth.
- Psalm 121:1,2

**You gain
nothing by
setting your
eyes on the
problem.**


**You gain
everything by
setting your
eyes on the
Lord.**

**Is God sovereign
over your
circumstances?**

**Is He mightier
than your
problems?**

**Are you focused
on Him?**





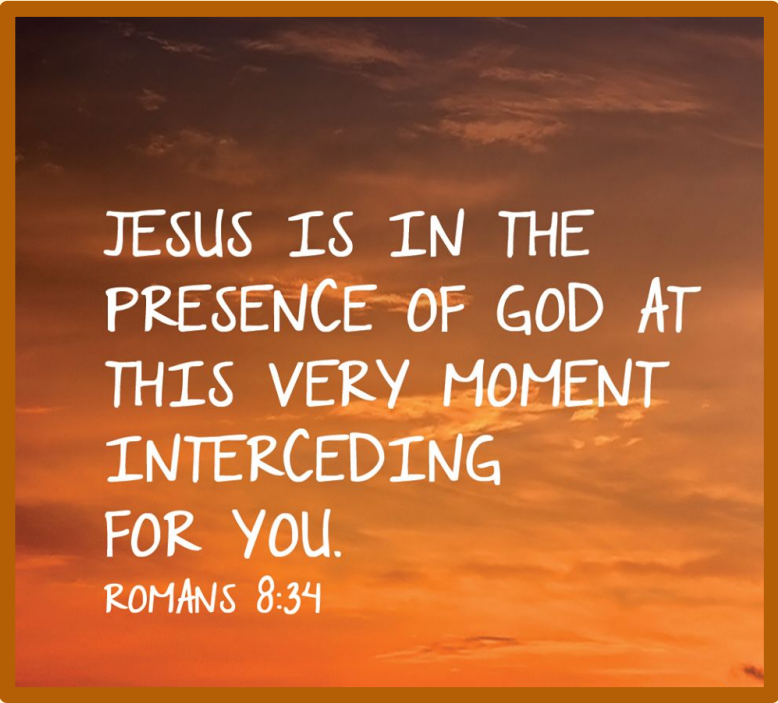
*Don't be anxious
about anything;
rather, bring up all
of your requests to
God in your prayers
and petitions, along
with giving thanks.*

Philippians 4:6

**What do you need to leave
completely at His feet today?**

**"And call upon me in the day
of trouble: I will deliver thee,
and thou shalt glorify me."**

Psalms 50:15 (KJV)



JESUS IS IN THE
PRESENCE OF GOD AT
THIS VERY MOMENT
INTERCEDING
FOR YOU.

ROMANS 8:34



**WE HAVE A HIGH PRIEST WHO HAS GONE
INTO THE VERY PRESENCE OF GOD -
JESUS, THE SON OF GOD.**

**OUR HIGH PRIEST IS NOT ONE WHO
CANNOT FEEL SYMPATHY FOR OUR
WEAKNESSES. ON THE CONTRARY, WE
HAVE A HIGH PRIEST WHO WAS TEMPTED
IN EVERY WAY THAT WE ARE,
BUT DID NOT SIN.**

**LET US HAVE CONFIDENCE THEN, AND
APPROACH GOD'S THRONE... THERE WE
WILL RECEIVE MERCY AND FIND GRACE
TO HELP US JUST WHEN WE NEED IT.**

*** HEBREWS 4:14-16 ***

**Do you truly believe
that anxiety can be a
part of your life without
dominating your life?**

Nevertheless
I AM NOT ASHAMED:

I KNOW WHOM
I HAVE BELIEVED

and am PERSUADED *that*
HE IS ABLE TO KEEP
THAT WHICH I HAVE
COMMITTED UNTO HIM

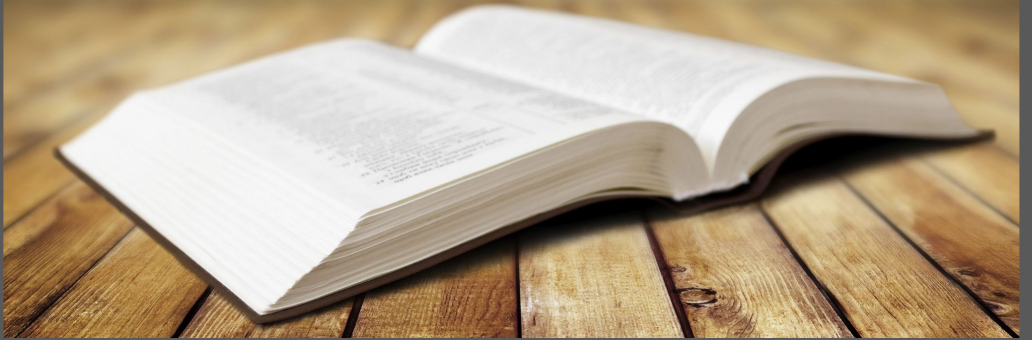
*until the day
of his return*

2 TIM 1:12

**Where does your
contentment come
from?**

I can do all things
through Christ who
strengthens me.

~ Phil 4:13 ~



How has Jesus' grace been sufficient for you?

How has Jesus' strength been made perfect in your weakness?

And he said to me, My grace is sufficient for you: for my strength is made perfect in weakness...

—2 Corinthians 12:9

Give me Jesus

In the morning, when I rise

When I am alone

When I come to die

Give me Jesus

In the morning, when I rise

When I am alone, ooh

When I come to die

Give me Jesus

In the morning, when I rise

When I am alone

Ooh, when I come to die

You can have all this world

Give me Jesus

Give me Jesus

Give me Jesus

You can have all this world

Give me Jesus

Give me Jesus

Give me Jesus

You can have all this world

Give me Jesus

Give me Jesus

Give me Jesus

Just give me Jesus

You can have all this world

You can have all this world

You can have all this world

Just give me Jesus

Just give me Jesus (Jesus)

Just give me Jesus