

What is Lent - A Time To Set Aside

Just as we set aside time to spiritually prepare for Christmas Day, it makes sense to set aside time to prepare for the two most important days of the Christian year—Good Friday and Resurrection Sunday (Easter). Lent is a time that offers us an opportunity to come to terms with the human condition that we may spend the rest of the year running from; it brings our need for a Savior to the forefront.

Like Advent, Lent is a time to open the doors of our hearts a little wider and understand our Lord a little deeper, so that when Good Friday and eventually Easter comes, it is not just another day at church but an opportunity to receive the overflowing of graces God has to offer. In this season, may we open our hearts to spend more time with our Lord and may we understand Him more deeply.

Submitted by Sue Thornton