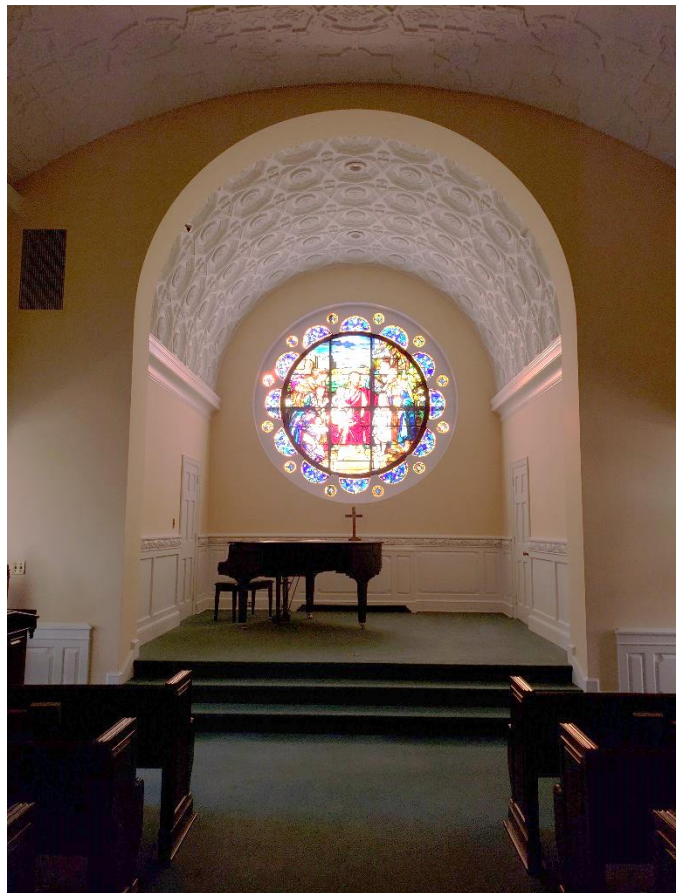


Lenten Prayer Service
At home edition
April 1, 2020

Though we cannot gather together for today's Lenten Prayer Service, we encourage you to take the time at home to sit, pray, and reflect!

1. Feel free to light a few candles and dim the lights in your room. We've even included a few images of the Chapel to help you feel like you are there! You can share them to your computer or TV screen and blow them up! 😊
2. For as long as you'd like, play instrumental music. The links below go to videos you can use as options.
 - a. <https://www.youtube.com/watch?v=zROSAakJ7tc>
 - b. <https://www.youtube.com/watch?v=nnk1HTsmJk0>
3. Say an opening prayer. A few Lenten prayer suggestions are included below if you'd like something already prepared.
4. Devotion
 - a. This week, our devotion is led by member Session member Jim Richards who shared a video (approximately 14 minutes) with encouragement and a challenge for the week ahead.
 - b. Follow this link <https://youtu.be/YwLH6sawVGk> to a video on YouTube.
 - i. You can also find this video if you search "FPC Lynchburg" on YouTube.
 - c. In the video, Jim encourages and challenges us to spend time throughout Holy Week (next week) reading through the book of Mark as a great way to prepare the events of Maundy Thursday, Good Friday, and Resurrection Sunday.
5. Conclude your time with a personal prayer of reflection and conversation with God. Play instrumental music in the background if you desire.



Lenten Prayers

Almighty and Everlasting God, You have given the human race Jesus Christ our Savior as a model of humility. He fulfilled Your Will by becoming Man And giving His life on the Cross. Help us to bear witness to You By following His example of suffering And make us worthy to share in His Resurrection. We ask this through our Lord Jesus Christ, Your Son. Amen.

God of spirit and truth, you alone satisfy our dry and weary souls. Let us drink from the spring of your mercy so that we may never be thirsty for the gift of your saving love; through Jesus Christ, the water of life. Amen.

Loving God, giver of all light and life, you sent Jesus Christ into the world not to condemn, but to save. Help us to lift up the light of Christ so that the world might believe in him and receive the gift of eternal life; through Christ, the light of the world. Amen.

Teach us to take up the cross of Christ with grateful hearts and humble spirits, offering all for the sake of the gospel, so that we may receive life in fullness; through Christ, who is coming in glory. Amen

God of the lost, the least, and all who long for home, when we wander from your ways and waste the gifts you have given us, welcome us back, we pray, so that we may celebrate and rejoice in your presence forever; through Jesus Christ your beloved Son. Amen.

God of patience and compassion cause our lives to bear good fruit – the fruit of repentance – so that others may taste and see your goodness and grace; through Christ our Lord. Amen.