FIRST PRES
CELEBRATE-INSPIRE

Spring/Summer 2020

THIS IS OUR STORY;
THIS IS OUR SONG!
LENT + EASTER

PLUS
From the mouths of babes
Honest insight from our youngest friends

Spirit-Filled
Editor's Note

The Ripple Effect

Have you ever tossed a rock in still water and watched the ripples grow? They start where the rock hits the water and then slowly expand outward in larger and larger circles. There is something peaceful, yet powerful about the way that happens; though the rock hits the water in that one central spot, the impact can be seen and felt in the spaces far beyond impact. They call that the ripple effect.

That is how we as individuals can change the communications and the ministry efforts here at First Presbyterian Church. Each of you can be like that rock that hit the water and created ripples. We need each of you to help be a voice for programs, events, and ministry inside and outside the walls of First Presbyterian Church!

Consider the ripple effect. If you tell, text, share on social media, or send an e-mail to invite ten people to an activity at FPCLY and those ten people tell ten more people, and those ten people tell ten more people and so on, then you have in essence reached over 1000 people. Using this approach, individually and collectively, we would REALLY get the word out. And I believe that right now FPCLY is a place that we want to get the word out about!

We have learned that direct, personal invitations and interactions receive the most response because they are based on relationships. If you are interested and excited about something your enthusiasm will be contagious—a good kind of contagious—to others! So we encourage you to

CATHERINE ADAMS
Communications Coordinator & Children's Ministry Assistant

Why FPCLY?

I did not choose First Presbyterian as a place of worship, it chose me. I moved to Lynchburg, Virginia during October of 2015 and had been seeking a place to worship for three years. I needed a place of peace where the Holy Spirit was prominent and community was abundant. Jesus offered me a church home in a most unique and creative way.

A school interview assignment brought me into contact with Peter Thompson in November of 2018 and I engaged in an hour and a half conversation with him that ranged from leadership, Jesus, baseball, giving back, community, faith, to assorted other topics. I felt comfortable and at peace speaking with him and, as a former Presbyterian member from Florida, decided to attend First Pres to learn more about the service and community.

Once I began attending, I was shocked to see how many people I knew. I was impressed with the progressive nature of the church vision. I was happy to see and hear children being part of the service. I was blown away with the quality and wide-ranging variety of music. I felt connected to the liturgy and felt the presence of the Holy Spirit as I worshiped on Sundays and prayed in the Chapel on Wednesdays. I was overwhelmed with the friendly nature of the congregation and staff. In summation, I had found home.

Jesus knew I needed a place of peace, where the Holy Spirit dwelled and I could connect with Him on many levels. So, like a shepherd who tends to a wandering and lost sheep, He called me to First Presbyterian of Lynchburg in a most unusual way because He knew I would respond. He chose me and I am forever grateful because I found home.

Kevin Moylan, February 2020
Triple Play

It is not every year that a church can host even one top-of-the-line speaker or preacher, not to mention three. But that is exactly how we have started 2020, and what an inspiration these three have been!

“Do It Well. Make It Fun.”
On Wednesday, January 8th, author, motivational speaker, and humorist Ron Culberson graced FPCLY with stories of laughter and inspiring suggestions on how to succeed in life, death, and everything in between with an emphasis on executing with excellence and making the process fun. Dinner, fellowship, laughter, and learning were experienced by nearly 80 people of all ages. Many thanks to Mitchell Mays, Russ Hovda, and Wednesday Night Fellowship for hosting.

“Called”
On Sunday, January 26th, Dr. William Willimon of Duke Divinity School engaged Spiritual Growth, Worship, and Session Leadership with rich and encouraging insight for how FPCLY is “called,” or put here by God, to fulfill the church’s purpose in revealing God’s Kingdom here on earth as it is in heaven in this time and this place. Further insight from Dr. Willimon to the Session yielded inspiration related to the Strategic Plan, “At a time when church numbers are declining, you all are daring to talk about growth. I applaud you for that. You can’t be faithful as a church without growth.” Many thanks to the Offterdinger-Williamson Preaching Series, Worship and Music Committee, Session, and Chris Heppner for hosting.

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“That’s Awesome!”

Spirit-Filled Joy • Life-Changing Experience • Loving • Laughter • Life-Giving • Uplifting • Heart-Warming

These are words used by retreat participants to describe their retreat experience in three words or less. This March retreat weekend was FILLED with joy, laughter, relationship-building (and -strengthening), and pure rest. Pastor, published author, and mother of three MaryAnn McKibben Dana led us through four workshops and a morning of worship focused on Sabbath. In each workshop, we laughed, we cried, we shared, and we were real about our trials and successes with Sabbath and life. This third leg of our triple play was hosted at Massanetta Springs Camp and Conference Center in Harrisonburg, VA. This Christian family retreat was the second event in our annual Clark Spiritual Growth Initiative series and intentionally focused on Sabbath as a continuation of our 2019 CSGI church workshop. To see more photos from the retreat head to our website (https://www.fpcl.org/ministries/spiritual-growth.html). Many thanks to all those who attended and especially Joe and Elinor Ann Clark for their gift to help make this opportunity possible.
From the mouths of babes

We asked the kids in Preschool class, Faith Mountain, and KidMin a few questions.

**PRESCHOOL CLASS.**
Lyle Handy, 3-years-old
What have you learned from Miz Julie this year?
I learned from Miz Julie, uhm, sheep and fish and the Bible. We learn a lot about the Bible and all kinds of stuff.

What is your favorite Bible story?
My favorite story is when Jesus picks prayers and chooses the kind of food to feed people so they are helped and not hungry.

Who is your favorite Bible character right now? Jesus

**FAITH MOUNTAIN.**
Will (7), Jacob (7), & Madelyn (5) Barret
What is your favorite Bible story?
Madelyn: The boy with pink spots that washed them off in the water. And Davis and Goliath.
Will: God helps Jesus.

Who is your favorite Bible character right now? Jesus

**KIDMIN.**
Meredith Borel, 7-years-old
What is the coolest thing you’ve learned from Mr. Cory this year?
I loved learning the song "Day by Day" and playing instruments.

How would you describe God to a friend who didn’t know God?
God is someone who helps people and he loves everyone. He loves us. He does everything.

How would you describe God to a friend who didn’t know God?
Will: God is not dead!
Jacob: God loves everyone in the city and protects us from the bad people.

Why do you like participating in worship?
Because we get to sing pretty songs about God.

How do you think God feels when God hears you and your friends singing songs in worship?
I think it makes him really happy!
Parent and adult leader Kara Byrne shared this testimony story after hosting a middle school "At the Table" youth activity.

“We gathered at the table. The ornery son, the technology addict, the shy visitor, the old guy, the dad who works all the time. Ingredients were assembled at the table and the boys concocted a cake for post-chili enjoyment. While the cake chilled, our party headed outside. The single mom down the street joined us with her two kids. The boy kid joined the old guy and the dad’s football team...and they were relieved. And then, the young single gal from the other end of the street stopped by with her dog. Camp chairs were pulled out of cars and the conversations got longer. A friend who was having a crisis was driving by and saw the crew. She stopped. We went inside to talk. At the table, we hugged and prayed. She left encouraged...and with a take-home bowl of chili. As it got dark and the football game ended, I reminded the fellas of the cake they had created earlier. We all gathered in the kitchen. Second bowls of chili & third cups of sweet tea were consumed. Parents arrived; introductions were made; more chili was packed to go home; laughs were shared; and cake was served at the table.

All were welcome. Fun was had. Memories were made. The Spirit was present. At the table.”

A word (or two) from our youth...

“[The Seder meal experience led by Mr. Michael Gillette] was very educational and interesting. It may have been out of some of our comfort zones, but I was glad to be able to have the experience! I was really surprised when we had to dip the food into the salt water!”

Aaron Dendy, middle school

“Serving as a Youth Elder showed me all the different layers of the church. I realized how important it is for everyone to work together on important decisions for what is best for the church.”

Katie Sommardahl, high school 2019 Youth Elder
“Sometimes you will never know the value of a moment, until it becomes a memory.”
~ Dr. Seuss

This quote from the legendary author, Dr. Seuss feels so applicable to this time in our lives. At the FPCLY Weekday School, we strive to cherish every moment we have with our students and this early closure has certainly reminded us of the importance of doing so with all the people in our lives. We are so thankful for the year we have had and look forward to creating more moments and memories when our doors reopen once more! Here’s a taste of the great learning and fun we have experienced this semester!

**JANUARY**

Our teachers were elated to welcome our students back from Christmas break and jumped right into our hibernation programs, learning all about animals that hibernate in our region like bats, squirrels, toads and snakes! We invited the Nature Foundation to our school for an interactive lesson that reinforced both a love and appreciation for all of God’s creatures.

**FEBRUARY**

February was a month of celebrations! From our 100th day of school to Valentine’s Day to our Fabulous Father’s Day, it was a great month! We dressed like 100-year-olds; we shared hearts and love with our friends and family; we treated our fathers and father figures to a special breakfast in the Fellowship Hall! We also learned about making healthy choices—tasting a rainbow of fruits and vegetables and welcoming Captain Smiles to learn about healthy dental habits.

**MARCH**

March was all about springing into spring and gearing up for literacy week. In our spring lessons, we learned about insect life cycles with actual insects!

- We welcomed praying mantis egg sacs in the 3-year-old and Pre-K classes.
- Our sweet Toddler and 2-year-old classes welcomed ladybug habitats in their rooms.

We believe that learning about life cycles help our students to connect with the natural world, develop a deeper understanding of science, and strengthen their vocabularies. In mid-March, we celebrated literacy week, focusing on stories written by the great Dr. Seuss. Little did we know that would be our last week of school for the year. But it feels incredibly fitting to have week focused on reading mark the end!

If you would like more information on 2020/21 enrollment opportunities or would like to inquire how you can support the Weekday School, please contact our school office at office@fpcws.com.

*BIANCA CHILDRESS*  
Interim Director FPC Weekday School

**Vacation Bible School**

*Concrete & Cranes*  
June 8-12, 8:45 a.m. - 12:15 p.m.

Honestly, what could be better than joining hard hats, diggers, backhoes, reflective vests, & concrete and God? We can’t think of anything else either. We invite your children to join us for a VIRTUAL week filled with laughter, joy, scripture, Bible stories, games, and science activities, all themed around the world of construction! For more details and to sign up, visit our Website at www.fpcly.org/children.
We are blessed to support ministry partners throughout our community, country, and world! Our support is in part financial, but also encompasses volunteering, praying, listening, and sharing encouraging words. The beautiful thing about service and outreach is the trifold effect of loving our neighbors by helping those in need, strengthening our own faiths, and glorifying God. YOU are making a difference in the lives of so many!

YOU have helped provide resources to Miriam’s House that help them better serve homeless in our community.
"Thank you for your generous work to end homelessness. In 2019, your support meant that Tiffany had a safe home when she fled domestic violence. It meant that Diane, a single mom of three, had the stability to finally earn her GED and take steps towards a fulfilling career. It meant that Kathy, an elderly woman, no longer slept outdoors but had the dignity of her own apartment. What God does through the body of Christ here has impact, it has meaning, and all of it to help our neighbors and Glorify God!" Sarah Quarantotto, Executive Director

YOU have helped men, women, and children in Malawi receive critical medical care by helping purchase tires for ambulances.

"The kind gesture by First Presbyterian Church, Lynchburg could not have come at a better time than it did. It has gone a long way in addressing transport problems that the hospital was facing due to wearing out of tyres of the whole fleet of vehicles as well as wearing out of suspension and braking systems for one of the most reliable ambulances. We remain indebted to First Presbyterian Church, Lynchburg, USA and pray that the Good Lord should continue blessing you. Thank you."
Dr. Kondwani Adamson Zgambo, Hospital Director

YOU have helped provide resources to Miriam’s House that help them better serve homeless in our community.

In light of COVID-19 health concerns, we have made the difficult decision to postpone the national mission trip that 14 of our youth and adults were planning to serve on in Philadelphia, PA this summer.

YOU have helped a Young Adult Volunteer (YAV) deepen her faith, strengthen her call to pastoral ministry, and serve women recovering from human trafficking.

Dear Chad, Gary, and all at FPC Lynchburg, Thank you so much for your continued prayers and willingness to support someone that you’ve never met. I treasure our communication and the bits of ya’ll that I know. I have been developed in many ways; this placement has helped me to learn patience, practice empathy, and recognize even the smallest progress is significant. I hope to be able to visit when I’m in Virginia after my YAV year is over. Love, Kristina Meyer

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Christ was a man of compassion and love. As his children, he calls us to be compassionate and to love others. FPCLY is a church community that walks this way!

Our Care and Nurture Committee has been busy supporting and encouraging our members by delivering pot pies and meals, lovingly wrapping members with hand-knit prayer shawls, lifting members in prayer through the Prayer Chain, visiting those home bound, supporting the bereaved, and sending encouraging notes, cards, and nuggets of love through the mail to say "you are loved and we are thinking of you."

But our church community's compassion and love for one another isn't contained within our Care & Nurture Committee, but also within members empowered and passionate to help.

Countless acts of love and compassion have been shown and received within our community.

A young family recently was without a kitchen while it was being renovated. Another young family stepped in to ensure they had home-cooked meals and even took dirty dishes to their home for cleaning.

"The Martin family feels so very blessed to be a part of such a loving and caring church community. All of your personal touches made a very difficult time for our family much easier. Thank you again!"

Dawn Martin Blankinship

New member, Irina Bridges, recently suffered a leg injury. She didn't have to worry about cooking meals or transportation. Members of the church made sure she had food and she could get to and from University of Lynchburg's campus.

At Christmas time, a mother was sick for a couple of weeks. Her family and church family ensured that the kids were taken care of, meals were prepared, and loving support was provided.

How do we serve as good hosts and share hospitality?
Philippians reminds us, “in humility consider others more important than yourselves.” Being a welcoming church is an example of putting others first. Come, let us welcome our neighbor and worship the Lord.

1. Say hello!
2. Simply introduce yourself.
3. Don’t feel pressured to interrogate them, ask for their resume, or full life story the first time you interact. A simple smile, greeting, and introduction with words of welcome truly go a long way.
4. Feel free to offer guidance or direction throughout worship if needed.
5. After worship, ask a guest if he/she would like to meet Peter or Chad. Respect the response; if it's a decline make a note to let Peter or Chad know.
6. If you see someone return, be sure to greet him/her again and engage.

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The first ever First Pres Presents Fine Art Series enjoyed a successful year with performances by the Liberty University Chamber Singers, the Chancel Choir’s “Tidings of Comfort and Joy” Christmas concert, and an organ recital by Cory Whittier coupled with an auction of beautiful art. The support for these events has been overwhelmingly high! If Siskel and Ebert were attending, they would definitely give the events "two thumbs up!"

"As the wife of a choir member, I greatly anticipate concerts, especially Christmas concerts. "Tidings of Comfort and Joy" featured both familiar and new selections. Having an orchestra made the event extra special. My holiday season really began with this event and the music provided lasting inspiration to shop, bake, wrap and mail as I waited for the "reason for the season," Christ’s birthday celebration. I personally want to applaud Cory for his continued efforts to expand our musical horizons and music ministry, especially the VBS children and church choir."

Rebekah Trexler

"What a joy it was to combine beautiful organ music with lovely art donated by artists in our church family and community! We displayed and sold eighteen works of art from fifteen artists raising a total of $2,100. With the very generous free-will donations collected at the conclusion of the recital, we deposited over $3,000 into the Vespers Fund to support music events at First Presbyterian. Thank you to all who supported this event by donating art, attending, or purchasing art!"

Diane Stroud

Our April 4th "Requiem for the Living" concert by the Chancel Choir and our May 2nd concert featuring Whitney and Robert O'Brian have been postponed to dates in the fall. Be on the lookout this summer for dates for these concerts as well as the rest of the 2020-2021 FPP series!
Organ Update

Last fall, we shared that our organ (originally installed in 1951 and renovated in 1991) is under review for its future needs. Since then, an organ committee has been established and worked with three organ-building and organ-servicing firms to analyze the instrument and share well informed, responsible approaches to next steps. The feedback has been enlightening on how to preserve this organ for the future! Because this organ plays such a major role in worship, arts, and other events, the organ committee is striving to diligently research and discern its future needs. The committee hopes to have more detailed information and a recommendation by the fall of 2020.

The King's Singers

The singers are coming!

Join us on February 11, 2021 at 7:00 p.m. for a premier event that you won't want to miss! First Pres Presents has secured a concert featuring the world-renowned King’s Singers from Great Britain. This WILL BE be a spectacular musical event with world-class vocal music and a joyful energy!

Tickets are required to attend. FPCLY members will get first dibs on tickets starting October 1, 2020. Sales will open to the public on October 15th. Mark your calendars! We will have more details to share this summer.

www.FPCLY.org
This is our Story; This is our Song!

**Lenten Season**

**Blessed Assurance: This is our Story; This is our Song!** As God’s people, it is important for us to acknowledge our rich history and heritage. Two of the most powerful ways people have passed along information from generation to generation is through story and song. As we have gathered together this Lenten and Easter season, we have been inspired by many different stories and songs throughout history that continue to reveal the power of God’s love and grace to us all.

**Holy Week**

**Palm/Passion Sunday**

Palm Sunday marks the day Jesus arrives in Jerusalem for the Passover Festival. Jesus rides in on a donkey with the people fanning the way with palm branches and shouting "Hosanna! Blessed is He who comes in the name of the Lord!"

**Maundy Thursday**

On Maundy Thursday, the church remembers the last evening Jesus shared with his disciples in the upper room before his arrest and crucifixion. Maundy Thursday marks three key events in Jesus’ last week: his washing of his disciples’ feet, his institution of the Lord’s Supper, and his new commandment to love one another.

**Good Friday**

Good Friday marks the day of Jesus’ death on the cross. During this worship together, we will revisit the seven last phrases spoken when Jesus was on the cross with seven varieties of meditation and reflection.

**Easter Sunday**

**Easter**

At Easter, we stand in light of the resurrection to see a new creation, transformed by the grace and glory of God. We celebrate the presence and power of the risen Christ in his church, proclaiming his good news through Word and Sacrament. We rejoice in the gift of the Holy Spirit, who is the “Lord and giver of life.”
Wednesday Night Fellowship has wrapped up its programming for this spring season after a hilariously enlightening evening with Ron Culberson, an honest and challenging discussion with Peter Thompson about the tension between worship and culture, and an informative conversation around technology protection from Carl Wilkins at AARP.

Please stay tuned this summer for the release of our fall 2020 and spring 2021 schedule.

**Elections at FPCLY**

For decades, FPCLY has served as a voting precinct for residents living in the area. In February, the Session made a resolution to give more intentional efforts to being hospitable to both the Election Board and those coming to vote. Many thanks to the group of volunteers who served as hosts on March 3. Your presence was felt and appreciated. There are three more election days in 2020: May 5, June 9 (both pending), and November 3 (Presidential Election). If you are interested in assisting the hospitality efforts on any of the remaining election days, please contact Karen Wydner in the church office or talk with Emmett Lifsey (Chair of Congregational Life Committee).

**Lifetouch Pictures**

**SAY CHEESE! AUGUST 2020!**

It has been five years since our last complete church directory was compiled; we need some refreshed pictures of all your beautiful faces. This is also a great time to confirm all the contact information we have filed in our database to ensure effective communication with everyone. With more than 800 people and all their information to compile, we are going to need your help in making this effort a success. More detailed information for what, when, where, and how will be coming soon.

**Stay tuned!**
Since May 2019, members of the Stewardship Team and Session have participated in a Stewardship Research Cohort with the Montreat Conference Center. After deliberation with many other churches comparable to FPCLY in size and culture, the James Company, and the PC USA, there has been one major take away: Stewardship at FPCLY needs to look in the mirror and ask, “Who are we and who do we want to be?”

The focus of Stewardship at FPCLY moving forward will be to build upon the THEN with the NOW. For many, what has always been done still works. For others, not as much. In 2020, and moving forward, we are expanding the what, when, and how we think about Stewardship, in hopes that the little things will make a big difference in the life and ministries of FPCLY!

**What is stewardship?**
A gentle call to give back to God by giving of your time, talent, and treasure to the life and ministries of the church.

**When are we called to stewardship?**
Focused season in September and October.

**How can we respond?**
Complete a Time and Talent Form and a Pledge Card.

**Top 5 ways to give:**
1. Build Relationships and connect with one another
2. Time and Talent (participate and serve)
3. **Top**
4. Planned or Estate Giving
5. Offering, Tithe, Contribution (electronic bank draft, Give+ Mobile App, Credit Card online)
Our Lenten season began in a most natural way with our Ash Wednesday and Lenten Prayer Services setting the tone for a reflective, prayerful season of drawing near to God and preparing for Jesus’ death and resurrection. As COVID-19 began to place a stronger hold on our country, we have been given a real life wilderness experience and active opportunity to lean in and depend on God. And lean in we have! We as a community have chosen to respond with an attitude that reflects making lemonade-out-of-lemons through adaptation, flexibility, trusting, and believing the hope we have in Christ! Our efforts to date have included:

- worshiping LIVE on WLNI 105.9 FM radio station and adding Facebook Live
- encouraging a mentality of Sabbath rest and celebrating the chance to slow down
- caring and supporting one another through prayer, phone calls, text messages, and cards
- hosting virtual Bible studies and meetings via Zoom
- sharing daily scripture and prayer through social media

We have learned even more that we, the people of FPCLY, are the church (not a building itself) and that even though we can’t be together physically, community as understood in the greek “koinonia” gives us the assurance we are a community together in the Spirit.

AN IMPORTANT FACILITIES UPDATE...STEEPLE PROJECT

Last fall, we shared that our 70-year-old steeple structure has slowly sustained deterioration and damage from leaks and rotted wood that needs to be fixed. In recent years, we have tried a variety of Band-Aid solutions, but it has become clear that a restoration or replacement is needed. For months, a Facilities team has been researching, visiting other churches to see their steeples, and discussing multiple options.

The first, a remedial approach, investigated with Jamerson Lewis Construction, was a total restoration effort estimated at roughly $400,000. In parallel, a second, full replacement approach, was investigated with Campbellsville Industries, a Kentucky Company (www.cvilleindustries.com). This company specializes in replacement steeples. The replacements are completely metal and designed to be a near replication of the existing structure using the original drawings. A replacement will carry a 20-year warranty and is virtually maintenance free during the warranty period. The replacement cost is on par with the expense of the restoration effort with little risk for scope creep.

The Facilities Committee has recommended, and the Session has approved, the replacement option over any restoration efforts for the following reasons:

- It is a “sure fix.”
- The expense is comparable to a restoration/repair.
- The project risk for scope creep is reduced.
- The new steeple will be warrantied for 20 years.

Currently, a project team is being identified to work with the contractors to define the scope of work, develop a schedule, timeline for completion, and a cost structure, and terms and conditions. In addition, the Finance Committee has been requested to develop a source of funding and financial plan that supports the steeple replacement timeline. Projected timeline for replacing the steeple is in the fall. 

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From Jesus’ “Parable of the Sower” to his bold declaration of “I AM the Vine... Abide with Me,” we are reminded of the essential role roots play in our faith. Without good roots, we are unable to gain the nutrients needed to build a healthy trunk, sprout healthy branches, and produce ripe fruit. What we are rooted in and how well we are rooted in it reveals a great deal of who we are, not only individually, but together as God’s church. We are called to be “Rooted” in the power of God, Relationships, Love, Joy, Grace, Peace, Generosity, Worship, and Faith, to name a few. This June, July, and August, we are going to dig deeper into each of these as we learn how we can all be better “Rooted.”

In addition, our "At the Plate" Spiritual Growth class for adults will continue to meet in the Chapel on Sundays at 9:15 a.m. to dig deeper into the previous week’s sermon topic. Nursery will be available at 9 a.m. for children 3 and under! Come, let us dig deep together!