



# FIRST PRESS

First Presbyterian Church [www.fpclly.org](http://www.fpclly.org)

Volume 30, Issue 7

July 2011

Dear John,

I don't know about where you are, but May was hot here, and June has been even hotter! Who knows what July will bring? Stir some humidity into the mix, and you've got heat that just kind of hangs there. It makes me wonder how people ever got along without air-conditioning. I've read that no invention has done more than a/c to transform the American South, except maybe DDT.

Cooling the air by blowing fans over blocks of ice was a primitive start, I suppose. But the real breakthrough came when a French chemist named Henri Moissan isolated fluorine in 1886. This led American researchers in 1928 to combine fluorine with chlorine resulting in the non-toxic, "miracle compound," Freon. Frigidaire was issued the first patent in that same year.

By the middle of the 1930s there was air-conditioning in theaters, office buildings, department stores, and hotels. Twenty years after that, the hum of window units in most communities drowned out the sounds of crickets and tree frogs on sultry, summer, Southern nights. 1960 marked the first time since the Civil War that more people moved **to** the South than **from** the South. And things haven't let up. Credit a/c with making relocating to below the Mason-Dixon line thinkable as well as tolerable!

The advent of air-conditioning goes a long way toward explaining the disappearance of attic fans, screen doors, screened windows, and front porches. Why, we might not even know that there were such things as after-supper conversations on porches were it not for reruns of **The Andy Griffith Show** or a movie like **To Kill a Mockingbird!**

Air-conditioning, as well as television and personal computers, have all served to empty most porches and move folks into their cool dens or isolate them in their rooms. The days when people strolled the neighborhood looking for company and conversation have gone with the wind. We're contented to eat dinner with Brian Williams, Scott Pelley, or Diane Sawyer; enjoy dessert with Pat Sajak and Vanna White and Alex Trebek; and finish off the evening with murder and mayhem or some unfunny sitcom with canned laughter.

I know we can't go back. If we tried to we'd certainly find things intolerable. But during these hot summer months, I sometimes wonder about the future with our newfound friends.

Your friend, Gus





## Thank You, Jim Anderson!!

A little known fact is that Jim Anderson has faithfully served the church week after week for over **twenty** years as one of our offering and money counters. Like clockwork, Jim would be at the church on Monday mornings ready to go. His attendance record was impeccable! We at First Presbyterian appreciate Jim's many years of service. It's one of those unheralded, thankless, volunteer tasks around a church that needs doing – and for which we are most appreciative.

We extend to Jim our grateful thanks as he retires from active service and hangs up his abacus. We'll miss seeing him early on Monday mornings. Well done!

## Parish Nurse Office Hours

Gail Midkiff, our Parish Nurse, will have walk-in office hours on **Tuesday mornings from 9:30 A.M. to 10:30 A.M.**



She can be reached through the church office at 384-6231 or by e-mail at the church website address: [gail@fpcly.org](mailto:gail@fpcly.org).



## Calling All Artists

The Membership/Fellowship Committee is inviting our members who are artists to exhibit their work at our **Fellowship Dinner on Wednesday, October 5, 2011**. This exhibit includes photography, needlework, woodwork, sculpture and pottery as well as painting. We are planning to showcase our artists for a couple of weeks. Please keep this date in mind, and we hope all of you artists will contact us. Please call Lisa Richards, 384-4796, and please leave a message if she is not at home. We look forward to hearing from you. We know this will be an exciting event for our church.

## FINANCIALLY SPEAKING... as of May 31, 2011:



Income Budgeted to date:	\$364,615
Income Actual to date:	\$396,222
Expenses Budgeted to date:	\$358,074
Expenses Actual to date:	\$333,450

In May our actual income exceeded our actual expenses, resulting in a surplus of \$62,772. We appreciate the faithful giving from our members and friends.

## MARVA DAWN'S BOOK FOR SALE

There are only three remaining copies of Marva Dawn's book **Is it a Lost Cause? Having the Heart of God for the Church's Children** available for purchase at the reduced price of **\$5.00** in the church office. If you are interested, please contact Janie Willson at 384-6231 or [janie@fpcly.org](mailto:janie@fpcly.org). Marva's book would make thoughtful summer reading for those interested in a commitment to children.

## Be a Part of Our Summer Choir!



Singers interested in singing with the the Chancel Choir on a Sunday by Sunday basis may do so by joining us at 9:15 A.M. in the choir loft any Sunday to rehearse a simple anthem. Come as you are, and share your voice this summer. Open to high school age singers and above.

## The Single Adult Fellowship

will get together for lunch on **Sunday, July 10**. We will meet at the **Choice Hibachi Buffet** restaurant, 2623 Wards Road. Meet by 11:30 P.M.



**FIRST PRESS WELCOMES ITS RECENT NEW MEMBERS!**



**Kirby, Kathy, Sydney & Kasey Morris**  
 4721 Heritage Drive, Lynchburg, VA 24503  
 Telephone: 434-846-4609



**John and Laura Stalling**  
 1107 Mill Stream Lane, Lynchburg, VA 24502  
 Telephone: 434-473-0299

First Presbyterian Church is fortunate to be able to welcome Kathy Bay Morris as a new member. Kathy and her husband, Stephen (an engineer at Areva), are the proud parents of their daughter, Sydney (11), and sons, Kirby (9) and Kasey (7). Kathy, a native of Tucson, Arizona, has lived in the Lynchburg area for the past 16 years. She is a physical therapist at Centra Health. Let's all give the Morris family a big "Presbyterian Welcome" when we see them!

Please welcome our new members of First Presbyterian Church. Laura and John were married in our church on June 18. They joined the church in May. Laura works at First Dominion Home Health Care, and John works at Tomahawk Warehousing. John and Laura have a lot of "new events" in their lives: with a new church, a new marriage, and a new home. Let's make them feel welcomed in their new church home. Please introduce yourself to them!

**RECEPTIONISTS NEEDED**



A wonderful opportunity to serve is now available. We have a couple of openings in our monthly rotation of church receptionists. The job requires at least two spoken languages in addition to English, an advanced degree in either mathematics or one of the earth sciences, a sound foundation and understanding of Shakespeare, Tolstoy, and Rabelais, and lastly, a competency in at least two musical disciplines (one of which may be voice). In the event the above requirements prove too onerous for those interested in serving, the position requires about three and one-half hours one day per month and provides interaction with lots of nice people. Those interested are requested to contact Kirk Todd (384-7043) or Sally Leslie (384-9062).

**Education for Ministry (E/M)**

Beginning this fall, a new course, Education for Ministry (E/M), will be offered in our area. The course meets weekly (thirty-four sessions) from September to May and involves academic study and theological reflections. It is a four-year course, but participants need only commit to one year at a time. Study includes **Old Testament, New Testament, Church History** and **Modern Theology**. Enrollment is limited and the deadline is July 31. Please call our office, 384-6231, or Jata Craighill, 841-6000, for more information about the course and its costs.

## Life in the Garden

According to the biblical account of creation, human life began in a garden. No wonder, then, so many people are attracted to gardening, especially at this time of year. According to the National Gardening Association, last year 80 million US households participated in one or more types of lawn and garden activities.

Not only is gardening emotionally and spiritually satisfying, but it also gets high marks as a fitness exercise. According to the American College of Sports Medicine, the effort involved in planting a garden, such as standing, stooping, kneeling, watering, and weeding can burn more than 300 calories an hour. Gardening also works both the cardio and resistance components of fitness. Activities such as pushing a mower or raking leaves are cardiovascular movements. Pulling weeds, hoeing, and digging are resistance movements.

As with all activities, there are safety considerations. Avoid muscle strain by warming up with a few minutes of walking before you garden and by stretching afterwards. Use good body mechanics, such as squatting with one knee on the ground instead of bending from the waist. When lifting heavy objects, keep the objects close to the body so you will use large muscle groups. Other safety precautions include protecting yourself from insects by using repellent and protective clothing. Protect yourself from the sun by using sunscreen, broad brimmed hats, and sunglasses. Take breaks to rehydrate yourself with water. Always wear gloves. Safe shoes, goggles, and hearing protectors are needed when using machinery, such as lawn mowers and leaf blowers. Keep your tetanus vaccine up to date (every ten years for adults).

After you have worked so hard, take time to enjoy the bounty of God's beautiful earth. Relax and listen for the voice of God in your garden.

Gail Midkiff, Parish Nurse



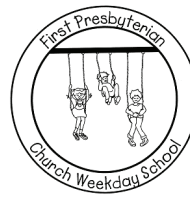
*With Deepest Sympathy*

### PRAYERS AND SYMPATHY

are extended to  
Steven A. Smith,  
in the death of his mother,  
**Doris A. Smith,**  
who died on May 5, 2011.

### EAGLE SCOUT AWARD

Congratulations to **Peter Harrington** who was presented with the Eagle Scout Badge on June 17, 2011 during a ceremony at First Presbyterian Church.



**The Weekday School** has a few openings in various age groups for the 2011-2012 school year. Please contact the school office at 384-0652 if you are interested. We always love new smiling faces!



### SUNDAY MORNING COFFEE CAFÉ BEFORE SUMMER SUNDAY SCHOOL

8:30-9:00 A.M., Fellowship Hall  
July 10

Coffees, teas, hot chocolate, juice,  
and pastries



# JULY BIRTHDAYS

- |  |  |  |  |
|--|--|--|--|
| <b>1</b> Alford, Emily<br>Brammer, Katie Gray<br>Hunt, Ted   | <b>7</b> Harris, Joanna<br>Reams, Abigail<br>Stanley, Kathy  | <b>13</b> Thompson, Amy  | <b>22</b> Lichford, Lewis<br>Paxton, Carter<br>Roberts, Leslie |
| <b>2</b> Burger, Libby<br>Claiborne, Connor<br>Teague, Peggy<br>Whitmore, Linda                                | <b>8</b> Frankfort, Stuart<br>Gay, May May<br>Haskins, Ginny   | <b>14</b> Hannon, Jean<br>Koroneos, Treena   | <b>23</b> Gravely, Jimbo<br>Venable, Anne                      |
| <b>3</b> Arthur, Susan<br>Gibbs, Leah<br>Grabeel, Margie<br>Poole, Charlene<br>Riordan, Matt<br>Roberts, David | <b>9</b> Alfieri, Leah   | <b>15</b> Harris, Shari<br>Mason, Daniel<br>Mosby, Wade                                  | <b>24</b> Sigler, Paige  |
| <b>4</b> Amos, Carroll<br>Craighill, Jr., Preston  | <b>10</b> Caldwell, Colin<br>Ferrell, Gentry<br>Foster, Kirsten<br>Higley, Austin<br>Simpson, Meg<br>Varner, Catherine | <b>17</b> Beam, Betsy<br>Craighill III, Preston<br>Ferrell, Nicholas<br>Tugman, Jenny    | <b>25</b> McCrary, Caroline                                    |
| <b>5</b> Brockman, Doug<br>Hopkins, Bev<br>Howard, John  | <b>11</b> Harris, Genny<br>Mibus, Angela<br>Varner, Will   | <b>18</b> Gilmer III, Graham<br>Harris, Norman<br>Kirkpatrick, Amy                       | <b>26</b> Barton, Jay<br>Eskridge, Joe<br>Perkins, Bill        |
| <b>6</b> Clarkson, Bill<br>Kowalski, Ken<br>Williams, Beth   | <b>12</b> Higley, Knox<br>Lifsey, Kathy<br>Tiller, Jacob   | <b>19</b> Agnew, Katherine<br>Tyree, Stephen   | <b>27</b> Miller, Sue<br>Schreiber, David                      |
|  | <b>13</b> Ebert, Nicholas<br>Sparks, Carolyn   | <b>20</b> Christian III, Lynch<br><b>21</b> Chapman, Bob<br>Mayo, Ken<br>Pierpoint, Mack | <b>28</b> Holston, Blair<br>Tinsley, Sutton<br>Tyree, Harriet  |
|  |  | <b>22</b> Buhler, Owen<br>Jester, Royston  | <b>29</b> Kehrer, Margaret<br>Nunn, Meg<br>Perry, Charlie      |
|  |  |  | <b>31</b> Clement, Janet<br>Combs, Jaeleigh<br>Ford, Sue       |

## MEMBERS HELPING MEMBERS IN JULY

**Bill & Ida Perkins - 384-2145**  
**Anne McDaniel - 384-0296**

Thanks to Helen Gilmer and  
Betsy Jones for serving in June.

## REMINDER!!

**Various Community Events are  
posted on the bulletin board  
opposite the pastor's office.**

**Stop by to read about upcoming events.**

**FOOD PANTRY  
OF  
CHURCHES  
FOR URBAN  
MINISTRY**



August is the month for First Presbyterian to help replenish the Food Pantry of Churches for Urban Ministry. Please help by bringing non-perishable food items (especially canned meat, soups, crackers, instant coffee, fruit, and vegetables) and placing them in the shopping basket in the foyer. Thank you very much!



**INSIDE OUT AND UPSIDE DOWN—  
VBS was awesome!**

We had a terrific week studying the Parables of Jesus, singing high-spirited songs, playing games, eating crazy snacks (Pig Slop?), finding energy in recreation, and making cool crafts. The Parables reminded us that God challenges us to see the world differently. We are called to share Love abundantly, to Forgive, to share God's Grace, and to have an Attitude of Gratitude even when life does not seem fair.

Thanks to all who volunteered and helped make VBS a great week. We had about 75 children and almost 50 volunteers. If you weren't there, make sure it is on your calendar early in 2012!

**VACATION BIBLE SCHOOL VOLUNTEERS**

- |                    |                   |
|--------------------|-------------------|
| Rose Baker         | Kathleen Lifsey   |
| Tom Baker          | Sarah McCullogh   |
| Lizzie Bennett     | Sydney Morris     |
| Katie Brammer      | Jamie Moss        |
| Chris Bryant       | Julia Nelligan    |
| Jennifer Claiborne | Claudia Pierpoint |
| Christina Cosby    | Kate Pittard      |
| Courtney Cosby     | Liza Pittard      |
| Neal Creasy        | Chantal Redmond   |
| Laura Crumbley     | Betsy Rhodes      |
| Myra Dendy         | Lauren Richard    |
| Bob Dendy          | Caroline Riordan  |
| Lucas Dendy        | Lindsay Riordan   |
| Rob Dendy          | Catherine Selzler |
| Micah Englund      | Katie Stevens     |
| Joe Eskridge       | Shelley Stone     |
| Beth Eskridge      | Diane Stroud      |
| Meggan Farwell     | Janessa Terry     |
| Susan Foster       | Sarah Thomas      |
| Brandon Gregory    | Amy Thompson      |
| Chris Heppner      | Alice Townsend    |
| Adrienne Howard    | Dabney Treacy     |
| Brandon Landes     | Nick Zechini      |





## Congratulations Graduates!

### FPC High School Graduates

#### Leah Alfieri

Graduated from E.C. Glass. Leah will attend Muhlenberg College.

#### Blair Alford

Graduated from VES. Blair will attend Appalachian State University.

#### Lynch Christian

Graduated from E.C. Glass. Lynch will attend UVA.

#### Max McCrary

Graduated from E.C. Glass. Max will attend UVA .

#### Dunn Richards

Graduated from E.C. Glass. Dunn will attend Liberty University.

### FPC College/University Graduates

#### John Harris, Jr.

Graduated from Appalachian State University.

#### Brown Holston

Graduated from UVA.

#### Elizabeth Howard

Graduated from UVA.

#### Parker Johnsen

Graduated from UVA.

#### Sara McCraw

PhD from the University of Delaware.

#### Rachel Williams

Completed a Dietetic Internship, School of Agriculture, Virginia State University.

## Congregational Meeting

**The Session has called a Congregational Meeting** to convene immediately following the worship service on Sunday, July 3, 2011. The purpose of the meeting is threefold. First, the congregation is asked to establish the quorum for a congregation meeting at the current Book of Order level of 10% of the membership (BO, G-7.0305). Second, the congregation is asked to establish the parliamentary authority for all meetings as **Robert's Rules of Order**, as is currently stipulated in our Book of Order (G-7.0302c). Third, the congregation is asked to establish that, where necessary, First Presbyterian Church will be governed by our current Book of Order as of July 3, 2011 (as well as the amendments adopted in 2011) until such time as the Session can adopt a policy and procedure manual that the new Form of Government (nFOG) will necessitate.

## Summer Trips

Five middle school youth and one adult will be heading to **Massanetta July 12 – 15**, and seven high school youth and three adults will be traveling to **Washington, D.C. July 30 – August 5**. Please keep both trips in your prayers. Pray for safe travel and a good meaningful experience to be had by all!

## Fall Sunday School

We are in need of teachers for **Middle School Sunday School** next year. Please contact Persis Tinsley [tinsleyp@mac.com](mailto:tinsleyp@mac.com) or Meggan Farwell [meggan@fpclly.org](mailto:meggan@fpclly.org) if you are interested or have any questions. If you are willing to teach but don't know what you want to teach, just contact us anyway, and we will help you select appropriate curriculum.

Also don't forget to sign up for your month to teach upstairs at **F.A.I.T.H Mountain** our five year olds – fifth grade Sunday school program. You will only teach for one month (three of four Sundays), and you will teach the same lesson each week to a different age group. It's a lot of fun. Don't miss out!



Keep up with church happenings . . .  
 Check the FPC website at  
[www.fpcli.org](http://www.fpcli.org)

**COMMITTEE CHAIRS**

**2011 - 2012**

**Diaconate Chair - Alan Pettigrew**  
**Clerk of Session - Diane Stroud**

Budget/Finance	-	Doug Brockman
Building	-	Caskie Giles
Care & Nurture	-	Robin Johnsen
Christian Ed.	-	Persis Tinsley
Community	-	Marilyn Bellaire
Mission		
Grounds	-	Mike Harrington
Membership/ Fellowship	-	Lee Perry
National/World	-	Harold Riley
Personnel	-	Bryant Hare
Ushering/Offering	-	Julie Brammer
Witness/Outreach/ Stewardship	-	Alan Pettigrew
Worship & Music	-	Diane Stroud

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**Next Newsletter: AUGUST 2011**  
**DEADLINE: Thursday, JULY 21, 2011**

