



FIRST PRESS

First Presbyterian Church www.fpclly.org

Volume 31, Issue 1

January 2012

Dear John,

As has been said, where would we be without New Year's resolutions? How many people resolve to read through the Bible in a year and then give up after a few days? At least they get to know the first couple of chapters of Genesis pretty well! On average, less than seventy-five percent of the people who make resolutions keep them through the first week. By the six-month mark, most resolutions have been abandoned or put on the list for *next* year.

As hard as resolutions are to keep, I've read that, nevertheless, about half of American adults make one or more New Year's resolutions each year. A government website identifies several of the most popular resolutions:

- 1) Get a Better Education,
- 2) Get a Better Job,
- 3) Get Fit,
- 4) Lose Weight,
- 5) Manage Debt,
- 6) Manage Stress,
- 7) Quit Smoking,
- 8) Reduce, Reuse, and Recycle,
- 9) Save Money,
- 10) Take a Trip,
- 11) Volunteer to Help Others,
- 12) Drink Less,
- 13) Spend More Time with Family and Friends,
- 14) Enjoy Life More.

It's suggested by some historians that we in the U.S. have the Puritans to thank (or, to blame) for the modern practice of resolution-making. The Puritans urged their young people to skip the New Year revelry and, instead, to meditate on the year past and the year to come. Never neglecting an opportunity to introspect, they adopted the old custom of making resolutions! They vowed to take more care against their besetting sins, make better use of their talents and other divine gifts, and treat others with Christian charity.

Many folks find the spiritual intensity of the Puritans a little over the top, and too frequently erring on the side of works-righteousness. That may certainly be true. But I think they were onto something. Who can deny that in 2012 we all might not benefit greatly from the discipline of making resolutions and, with God's help, trying to live by them? Happy New Year!

Your friend, Gus

Citrus Sale

Thank You

A BIG THANK YOU to the First Pres folks who helped unload the 800 boxes of fruit that arrived at Westminster: David Hartman, Marilyn Hartman, Russell Hovda, Jean Hannon, and Kathy Anderson. Who would have thought that the shortest route from Winston-Salem is to take I-77 via I-81? Our trusty volunteers waited and waited... and waited. We had a great time sitting outside in balmy (yes, balmy) sunshine and visiting with other church volunteers. Then it was WORK LIKE FIENDS. Thanks to all those who purchased fruit to help support Camp Timothy. Our profit was just over \$5,000. THANK YOU.

Sandra Wilson



Stroke: How to Prevent, How to Recognize, How to Respond

Sunday, January 29, 2012
Fellowship Hall, 3:00 - 4:30 P.M.

Speaker:
Mary Marshman, RN, MSN, CNRN
Unit Manager for Neuroscience Units
Centra Health

A stroke occurs when a blood clot or a torn blood vessel in the brain disrupts the flow of blood. The result can be a loss of the brain's functions. This program will present information on the first line of defense against strokes. If a stroke occurs, the timeliness of medical intervention can be critical to minimizing brain damage.

PRESBYTERIAN WOMEN



The Coordinating Team will meet on **Tuesday, January 3 at 10:00 A.M.** in room 114.

The Young and Not So Young Circle will meet on **Tuesday, January 3 at 9:30 A.M.** in the library.

The Horizons Circle and Book Circle will meet on **Monday, January 9 at 9:45 A.M.** for light refreshments in the officer room. The Horizons Circle will hold its Bible study in the officer room after refreshments. The Book Circle will meet in the library at **10:00 A.M.** The book to be discussed will be *The Virginia Plan: Wm B. Thalhimer and a Rescue from Nazi Germany* by Robert H. Gillette.

The Horizons Evening Circle meets on the second Tuesday of each month. The next meeting will be **January 10** at the home of Lib Richards, 501 VES Rd., B105. Meet at 6:00 P.M.



ANGEL OF THE MONTH

In January, FPC celebrates a flock of angels: members of Girls in Virginia (GIV). This student-run club was founded by First Presbyterian members, Liza Pittard, Lindsay Riordan, and Carson Creasy, to raise money for organizations in our community. Through their bake sales the girls have made contributions to the Blue Ridge Area Food Bank, Habitat for Humanity, and the Alzheimer's Association. What started from a love for baking and a love for helping has grown into a club with over 60 student members. Other GIV members include: Emily Alford, Katie Gray Brammer, Kelsey Thomson, Sarah Thomas, and Nan Craddock. Very impressive, indeed, Girls In Virginia!



The Thursday morning Bible study will begin meeting again on January 5, 2012. We will continue our study of the book *WHAT JESUS MEANT - the Beatitudes and a Meaningful Life* by Erik Kolbell.

We would like anyone interested to join us. If interested, call Susan Arthur at 586-0862.

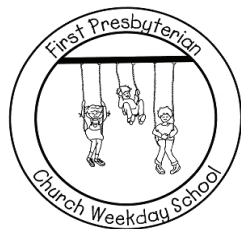
The Single Adult Fellowship will get together for lunch on **Sunday, January 8.** We will meet at Milano's, 4327 Boonsboro Rd. Meet by 12:30 P.M.





PRAYERS AND SYMPATHY

are extended to
Dorothy "Dot" Campbell
in the death of her daughter,
Suzanne Campbell Blackwell,
who died on December 6, 2011.



The Weekday School will be accepting applications for the 2012-2013 school year beginning January 31. Please contact the school office, 384-0652, if you are interested.

CONGRATULATIONS!



Emma Lawson Bendall

Born: November 1, 2011

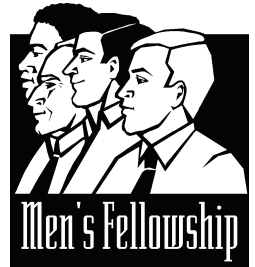
Daughter of Richard & Carter Bendall

Men's Fellowship

An open invitation is extended to all men of First Presbyterian Church to participate in one or all of our Men's Fellowship programs.

We meet on the second Wednesday of the month as follows:

- Jan. 11, 2012
- Feb. 8, 2012
- Mar. 14, 2012
- Apr. 11, 2012



We have social time from 6:00-6:30 P.M. Buffet starts at 6:30 P.M. The program begins at 7:15 P.M. and is over by 8:00 P.M.

Sign-up sheets will be available in the lobby two Sundays prior to the program date. The cost of each program is \$10.00, including a full buffet catered by Meriwether-Godsey.

Please come and join your friends or meet new ones. We look forward to seeing you on Jan. 11, 2012.

The following is a description of the programs on the specified dates.

Jan. 11, 2012 Speaker: Dr. Joe Turek, Professor of Economics, Dean of the School of Business and Economics at Lynchburg College
Topic: "What's Ahead for the Economy"

Feb. 8, 2012 Dr. Lucius Clay, Lynchburg surgeon, will provide us with an enjoyable evening with stories of his grandfather, General Lucius Clay, who was in charge of rehabilitating Berlin at the end of World War II.

Mar. 14, 2012 Michael Bryant, the CEO of Centra Health

Apr. 11, 2012 To be confirmed

Mitchell Mays, Chair



REMINDER!

No coffee café on January 1.



FROM THE DIRECTOR OF MUSIC

All choirs resume in January. Please take note of the following startup dates for the music ministry:

Chancel Ringers resume on Jan. 4; **Chancel Choir** resumes on Jan. 5; and **Children's Choir** resumes on Jan. 10 (all groups meeting at their regular times). Anyone wishing to join any of these groups is invited to contact Raymond Weidner at 384-6231 for more information.

Music Appreciation Class begins on Monday, January 30 at 4:00 P.M. Anyone interested in learning more about the art of music is invited to attend this weekly class. Designed for those with or without a musical background, this class will explore, in entertaining and creative ways, what makes up music and why some music is great and some not. A weekly commitment is expected, and some homework will be involved (there will be no tests, however!). The one hour sessions will meet in the choir room. For more information, contact Raymond Weidner at 384-6231.

Mark your calendars now for the Chancel Choir's Hymn Festival on Sunday, April 22. This year the Roanoke Chamber Brass will be back with us as the choir presents some of the greatest hymns of the church in an exciting program featuring the premier of a major work by our director of music.

NEW FIRST PRESS DEADLINE

The deadline for all First Press newsletters in 2012 will be the **FIFTEENTH (15)** of each month.

FPC FELLOWSHIP ACTIVITIES IN JANUARY



A perfect place to feel welcome and warm – be sure to bring the family and join your friends for these Sunday morning events!

Sunday, January 15
JANUARY "WARM UP" BREAKFAST
9:30-10:00 A.M.
in the Fellowship Hall
Full breakfast



January 8, 22, and 29
SUNDAY COFFEE CAFÉ
9:30-10:00 A.M.
in the Fellowship Hall
Informal breakfast: beverages, pastries, etc.

FINANCIALLY SPEAKING... as of November 30, 2011:



Income Budgeted to date:	\$713,222
Income Actual to date:	\$718,917
Expenses Budgeted to date:	\$804,973
Expenses Actual to date:	\$757,242

In November our actual expenses exceeded our actual income, resulting in a deficit of \$38,325. We appreciate the faithful giving from our members and friends, and we hope to return soon to operating in the black.

MEMBERSHIP/FELLOWSHIP THANKS....



All of the people who have helped to make the fellowship activities during the past year so successful. We couldn't have sponsored our events without the generous help and contributions of so many.

Behind all of those fabulous posters is the creative genius of Ida Perkins.



JANUARY BIRTHDAYS

- | | | | |
|--|--|--|--|
| 1 Cobb, Mary Glenn
James, John
Leys, Charlie
Richards, Laura | 8 Keebler, Stephanie
Pettyjohn, McKenna | 16 Carrington, Leigh
Cobb, Laura | 22 Ashe, Evelyn
Perry, Stuart
Reams, Tucker |
| 2 Richards, Kakie
Tanner, Trish | 10 Basten, David
Carrico, Elizabeth
Giles, Don
Whitehouse, Frank | 17 Clark, Elinor Ann
Harwell, Linda
Lewis, Royal
Tinsley, Collin | 23 Shank, Chad
Stalling, John
Wallace, Dave |
| 3 Blankinship, Thompy | 11 Bohnert, Neil | 18 Dudley, Carrington | 25 Alfieri, Angie
Hamblen, Mary |
| 4 Cobb, John
Hamblen, Dock
Mayo, Katie
Price, Marian
Riordan, Lindsay | 12 Allen, Karen
Baldwin, Lacy
Craddock, Tess
Craighill, Susan
Dugger, McCarron
Hunt, Lilly | 19 Burton, Theresa
Gallagher, Rod | 26 Roberson, Sam
Thomson, Kelsey |
| 5 Gallagher, Trish | 13 Teague, Jensie | 20 Craighill, Marian
Semones, Bill
Sydnor, Kit
Wescott, Phebe | 27 Haskins, Meredith
Sydnor, Pam |
| 6 Alford, Johnny
Capps, Tom
Hanna, Carlton | 14 Craddock, Will
Reams, Bobby
Warrick, Robert | 21 Cross, Haden
Glenn, Nancy
Hobbs, Kitty
Mayo, Patrick
Tucker, Bill
Wombwell, Joe | 28 Christian, Melanie
Fontana, Meg
Libbey, Anne
Lupton, George
Nunn, Chal |
| 7 Alfieri, Joey
Burger, France
Hunt, Ed
Johnsen, David
Milam, Brad | 15 Burnett, Gentry
Dwyer, Dave
Holston, Brown
Moore, Will | 22 Anderson, Mary | 29 Burnett, Kit
Moore, Jimbo
Shank, Michael |
| 8 Carrington, Mary Catherine | | | 30 Anthony, Laura
McBratney, Will
Messerschmidt, Connie |

If your name is not here but should be, please call the church at 384-6231.

**MEMBERS HELPING MEMBERS
IN JANUARY**

**Dorothy Niles - 384-1680
Andrea Kittrell - 384-6713**

Thanks to Gail Kowalski and
Ferrell Nexsen for serving in December.

REMINDER!

**Various Community Events are
posted on the bulletin board
opposite the Pastor's office.**

Stop by to read about upcoming events.

THANK YOU BELL RINGERS!



We appreciate those who volunteered to ring the bell for the Salvation Army outside the Kroger store from December 1 to December 8. What a great way to ring in the Christmas Spirit!

- | | |
|-------------------------|------------------------------|
| Adams Family | Martin, Jim |
| Bellaire, Marilyn | Messerschmidt, Connie |
| Bennett, George | Miller, Sue |
| Bennett, Lizzie | Moore, Jimbo |
| Boswell, Dick & Elaine | Moore, Sarah |
| Burton, Betsy | Gary Nero & Laurie Foot |
| Burton, Theresa | Nexsen, Ferrell |
| Carrico, Ellen | Nichols, Homer |
| Clarkson, Elizabeth | O'Brian, Bobby & Becky |
| Cleland, Judie | Paxton, Carter |
| Cleland, Hunter | Paxton, Walker |
| Cleland, Taylor | Perry, Mike |
| Cooksey, Ellen | Pierpoint Family |
| Cosby, Courtney | Preston, Stannard |
| Farwell, Meggan | Richards, Kakie |
| Gayle, Bill & Judy | Reinhardt, Leta |
| Grabeel, Marjorie | Schultze, Stephan |
| Hartman, Dave & Marilyn | Semones, Bill & Becky |
| Hannon, Jean | Stroud, Diane |
| Hatcher, Pete | Thornton, Sue |
| Hovda, Russell & Sharon | Vaughn, Margi |
| Howerton, Elsie | Vaughn, Mary Holmes |
| Kittrell Family | Watkins, Gordon & Marguerite |
| Kowalski, Ken & Gail | Whitehouse, Frank & Donna |
| Landes Family | |

Offering Envelopes



If you requested offering envelopes by checking the box on your 2012 pledge card, your envelopes are located on the table in the hallway off the foyer. If you want envelopes and do not find yours on the table, you may request them on the sign-up sheet located on the same table. Envelopes will be on the table the following week.



**Discover First!
Introducing Presbyterianism**

Beginning on Sunday, January 8, 2012, the Pastor's Sunday school class will spend four weeks talking about the Presbyterian Church. This class is open to all, and a special invitation is extended to our visitors as well as recent members. This program is designed to present historical background, biblical doctrine, explain church organization, and foster friendship among participants. This will be a good refresher for many, and a valuable introduction for others. The Pastor's class meets from 10:00 to 10:45 A.M. in Room 126.

- January 8** – Where We've Been (History)
- January 15** – What We Believe (Doctrine)
- January 22** – How We Get There (Governance)
- January 29** – Who We Are

The Pastor's class will resume its Uniform Series Bible Study in February.



Address Request

The youth groups will be putting together care packages for our church members in college or graduate school in February. We will send care packages only to those individuals whose families turn in addresses. If you want your child to receive a package, please email meggan@fpclly.org with his or her address, call the church office, or drop the address in the offering plate on Sunday morning.

Christmas Pageant

A special thanks to all those who made the Christmas Pageant a success. A thank you to the Christian Education Committee for helping with costumes, Carol Ann Cosby and Joe Eskridge (fourth and fifth grade rangers) for working with our cast, and to Deedy Cleland for helping with our stage directions and acting!

F.A.I.T.H. Mountain Sunday School

We are in need of a **teacher** for the **creative movement rotation** in **February** as well as **games in March**. Please contact Meggan Farwell meggan@fpclly.org if you are interested in teaching. Thanks and remember the children need you!

Thanks to our **December teachers**: Amy and Chris Heppner and Persis Tinsley.

We look forward to another great month with our **teachers for January**: Susan Arthur, Jim Cleland, Judie Cleland, and Emmett and Kathy Lifsey.

Youth News

**Sunday, January 1 – No Youth Group
Happy New Year!**

Sunday, January 8 – 4:30 - 7:00 P.M. Family Movie Night and Potluck!

Come to the fellowship hall and bring a dish to share (main entree, sides, or desserts) and watch a family friendly movie. Feel free to bring a comfortable camping chair or bean bag chair and bring the whole family! Drinks will be provided.

Sunday, January 15 – 4:30 – 6:30 P.M. Middle School Faith, Fun, and Fellowship Night at Church.

Bring **\$3.00** for dinner.

Sunday, January 22 – 3:00 – 4:30 P.M. Confirmation.

Please bring a three-ringed binder and meet in the Martin/Gifford Sunday school room next to the officer room. **If you have signed up for the class**, please come in the front door.

Sunday, January 22 – 4:30 – 6:30 P.M. There will be a guest speaker.

Sunday, January 29 – 3:00 – 4:30 P.M. Confirmation.

Sunday, January 29 – 4:30 – 6:30 P.M. High School Faith, Fun, and Fellowship Bring **\$3.00** for dinner.

DO YOU NEED A PRAYER?



Cards are in the pew racks which may be used to request prayers. If you, or someone you know, is in need of prayer, please fill out a card or cards and place them in the offering plate or drop in the Prayer Box in the foyer. Members of the First Presbyterian Prayer Chain receive these requests and will add their prayers to yours daily.

COMMITTEE CHAIRS

2011 - 2012

Diaconate Chair - Alan Pettigrew
Clerk of Session - Diane Stroud

Budget/Finance	-	Doug Brockman
Building	-	Caskie Giles
Care & Nurture	-	Robyn Johnsen
Christian Ed.	-	Persis Tinsley
Community Mission	-	Marilyn Bellaire
Grounds	-	Mike Harrington
Membership/ Fellowship	-	Lee Perry
National/World	-	Harold Riley
Personnel	-	Bryant Hare
Ushering/Offering	-	Julie Brammer
Witness/Outreach/ Stewardship	-	Alan Pettigrew
Worship & Music	-	Diane Stroud

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Fax: 434-384-9156

email: info@fpclly.org

Next Newsletter: FEBRUARY 2012

DEADLINE: JAN. 15, 2012

